

## University of Pretoria Yearbook 2020

## Clinical exercise physiology 719 (MBK 719)

| Qualification          | Postgraduate                   |
|------------------------|--------------------------------|
| Faculty                | Faculty of Health Sciences     |
| Module credits         | 25.00                          |
| Programmes             | BScHons Biokinetics            |
| Language of tuition    | Module is presented in English |
| Department             | Biokinetics and Sports Science |
| Period of presentation | Year                           |

## **Module content**

The module examines exercise physiology from a biokinetics perspective and includes the normal and pathophysiology of bio-energetics, adaptation of the body systems, environmental influences, ergogenic aids and special considerations such as aging, gender, genetics and fatigue.

(1 hour contact time per week with work assignments for the following week).

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